Federal Motor Carrier Safety Administration regulations require that drivers holding a Commercial Driver’s License (CDL) must certify their driving category to the Idaho Transportation Department. Non-exempted drivers must provide a valid copy of their DOT Medical card to ITD-Driver Services. Drivers fall into one of four categories, depending on the type of driving they intend to do. Determine your reporting category by referring to the chart below:

<table>
<thead>
<tr>
<th>Driver wishes to conduct:</th>
<th>Driver operates Commercial Vehicles in:</th>
<th>Driver’s Medical Card Status:</th>
<th>Driver should declare self-certification category as:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Multi-State operation of Commercial Vehicles</td>
<td>Interstate Commerce</td>
<td>Driver must maintain a DOT Medical to comply with FMCSA Regulations for the transport of non-exempt commodities</td>
<td>Non-Excepted Interstate (permits unrestricted interstate operations)</td>
</tr>
<tr>
<td>Multi-State operation of Exempt Commercial Vehicles</td>
<td>Interstate Operations-Exempt</td>
<td>Driver is EXEMPT from FMCSA Regulations-Not Required to maintain a DOT Medical-Or-Intrastate CDL Holder not currently working</td>
<td>Excepted Interstate (may only drive exempt vehicles across state lines)</td>
</tr>
<tr>
<td>Single State operation of Commercial Vehicles</td>
<td></td>
<td>Driver must maintain a DOT Medical to comply with FMCSA Regulations for the transport of non-exempt commodities</td>
<td>Non-Excepted Intrastate (permits unrestricted operations within Idaho only)</td>
</tr>
<tr>
<td>Single State operation of Exempt Commercial Vehicles</td>
<td></td>
<td>Driver Not Required to maintain a DOT Medical- Driver is hauling EXEMPT commodities -or- Intrastate CDL Holder not currently working</td>
<td>Excepted Intrastate (may only transport exempt commodities in Idaho only)</td>
</tr>
</tbody>
</table>

**CDL DRIVERS NOT ACTIVELY WORKING, NOTE:**

CDL Holders 21 years or older who are not actively working, but who maintain a DOT medical card, may declare their category “non-excepted interstate” to prevent restrictions being placed on their CDL. These drivers need do nothing to return to CDL driving.

CDL Holders who are temporarily not working and who do not hold a DOT Medical must declare their category as either “Excepted Interstate” or “Excepted Intrastate”. If Intrastate is selected, these drivers should be aware a “K” restriction (intrastate operation only) will be placed on the driver’s CDL.

- Drivers who later wish to operate a commercial vehicle in a “non-excepted” category must:
  - obtain a current DOT Medical,
  - update their certification category,
  - remove the “K” restriction if operating interstate

**EXEMPTIONS:**

Certain Drivers may be exempt from the medical card requirement but NOT from Commercial Licensing Requirements according to FMCSA regulations. Drivers can check here for a list of commodities that are exempt from medical card requirements within Idaho’s borders: https://www.isp.idaho.gov/cvs/commodities/

This list is a general guide. Consult the Idaho State Police, Commercial Vehicle Safety unit at (208) 884-7220 for details.

Other exemptions include Interstate transportation by federal, state, and local governments; certain emergency vehicles; apianary industries; certain farm vehicle drivers.

Intrastate (Idaho) vehicles used by a farmer or his employees to transport exempt commodities such as farm produce do not require a medical card or a CDL in most cases. For more information, contact the CDL Program Specialist at (208) 334-8000.