ITD’s Critical Incident Stress Management volunteers ready to assist employees with anxiety, fear during pandemic

The department’s Critical Incident Stress Management (CISM) team is ready to help employees dealing with anxiety, fear, or other feelings that employees may face during this pandemic.

“Although CISM volunteers are not trained COVID-19 experts, they can offer support and help during this crisis,” said ITD Safety Manager Randy Danner.

The CISM team was formed last fall to aid in various stressful situations employees might face, particularly as we are often the first responders to various highway crashes and accidents, and those can cause issues for the employees, whether that be long-term or short-term effects. There are other unexpected situations, like the current coronavirus crisis, when CISM can be a resource for employees. Attached also is a PDF about dealing with anxiety related to COVID-19 at home or work.

There are numerous employees in each district who can help. Below is a roster of volunteers:

**District 1**
- Gary Davis & Dave Bohrn - Sandpoint
- Keith Viebrock – Cd’A
- Shannon Thornton – Athol/Spirit Lake

**District 2**
- Bruce Bovey - Lucile
- Dave Vance & Ty Winther – Moscow
- Taylor Dollar - Bovill
- Bud Converse & Mike Towne - Lewiston
- Jon Kleppel – Powell

**District 3**
- Tony Anchustegui & Greg Clark – New Plymouth
- Bill Nicholson, Eric Copeland, Dave Dansereau, John Hall & Mariah Rutledge – Garden City
- Mike Benton - Marsing
- Zeb Jerman – Weiser
- Randy Gehrke - Banks
- AJ Hutchison & Jeanne Fisher – Mountain Home
- Kyle Hobeck – Boise/Orchard
**District 4**
Lisa Kidd & Chuck Sharp - Shoshone
Brian Davidson - Rupert
Allen Ploss – Jerome
Joe Sabala – Bliss

**District 5**
Shane Brown – American Falls
Ty Averett & Ryan Burgin - Blackfoot
Sandy Jenkins, Rod Richardson & Jerry Bauer - Pocatello
Ron Manchester & Richard Gleed - Montpelier

**District 6**
Thomas Jarvis - Mackay
Anthony Black & Ronnie Butler - Rigby
Dallas Dupree - Salmon
Sheldon Jones - Leadore

**Headquarters**
Jim Phillips
Randy Danner